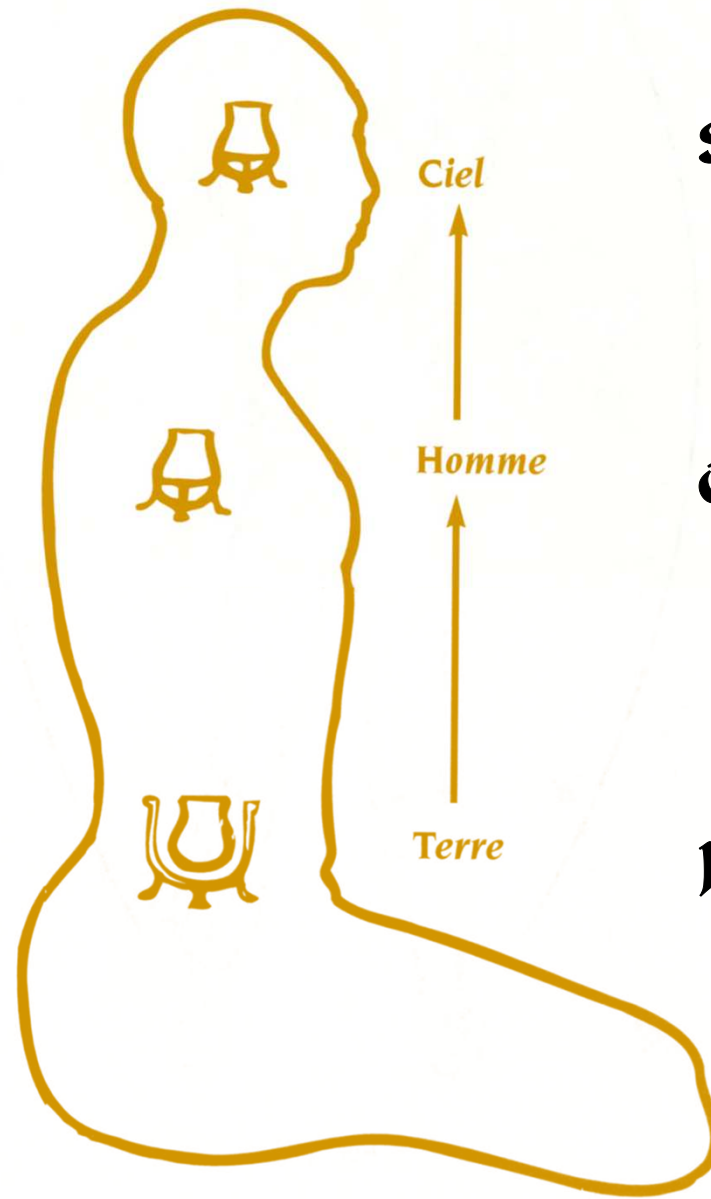


DAN TIEN
Supérieur

DAN TIEN
Moyen

DAN TIEN
Inférieur



SHEN *Esprit*

QI *Énergie*

JING *Essence*